



Online Certified Peer Specialist Training

The Copeland Center for Wellness and Recovery is an approved Certified Peer Specialist (CPS) training vendor by the Pennsylvania Office of Mental Health and Substance Abuse Services (OMHSAS) and the Pennsylvania Certification Board (PCB).

Due to the Covid-19 pandemic, we will be offering the CPS Training online for a limited time. The Copeland Center has been a leader in peer recovery education for over 20 years. We bring the most engaging, skilled, and experienced trainers for high-quality and experiential training online and in-person. Join experienced Copeland Center trainers for the Certified Peer Specialist Training that prepares participants to sit for the PA Certification Board Exam and to enter the workforce as a certified peer support specialist.

The course utilizes experiential learning methods so you will be learning through practicing, sharing, reflecting. This hands-on approach is the most effective way to bring the philosophy and research of peer support into practical methods that can be used for a successful career. We are not only learning about practices and applications for future roles and relationships as certified peer specialist, we are also building and learning from the very peer relationships present in this course.

All participants must:

- Be at least 18 years old
- Have received or are receiving mental health services for serious mental illness
- Have a GED or High School Diploma
- Within the last three (3) years, have either maintained at least 12 months of successful work or volunteer experience, OR earned at least 24 credit hours at a college or post-secondary educational institution.

These are requirements of PA Certification Board (PCB)

TECHNICAL REQUIREMENTS:

To get the most out of the online training experience and meet the educational requirements, you will need:

1. Access to a computer with speakers and camera.
2. The ability to connect online to Zoom and Canvas Instructure (Learning Management System)
3. The dedication to complete 18 'live' online sessions, assignments in Canvas and Practice Activities.

NOTE: *Live Sessions, Canvas Discussions, and Practice Activities need to be completed for a certificate.*



Additional technical assistance will be available to support individual learning needs.

This online training meets the pre-requisite to sit for the PCB CPS exam! Please note the additional requirements:

1. Upon passing the exam, certification is good for two years.
2. A 5-day in-person continuing education course approved by the PCB is required within one year of completing the online training.
3. This 5-day course will also meet your 36 hours of continuing education. It is designed to provide additional live practice with the essential skills for peer providers.

'Live' Training Sessions – 2.5 Hours

1. Creating Supportive Environments
2. Defining Wellness and Recovery
3. Foundations of Peer Support
4. Foundations of Peer Support, continued
5. The Way WRAP® Works
6. The Way WRAP® Works, continued
7. The Way WRAP® Works, continued
8. Sharing Your Wellness/Recovery Story
9. Sharing Your Wellness/Recovery Story
10. Peer Empowered Presentations and Peer Empowered Connections
11. Peer Empowered Presentations and Peer Empowered Connections
12. Talking with Intention
13. Peer Supported Community Inclusion
14. Peer Supported Community Inclusion
15. Crisis, Healing Trauma, and Peer Support
16. Boundaries
17. Wellness through Work and Documentation
18. Guest Speakers and Celebration

*There will be only one make-up session available

**You must attend all live sessions, group work and assignments for Certificate to qualify to sit for the CPS exam.